



ANNIVERSARY COMMEMORATION I.K. AKHUNBAEV KYRGYZ STATE MEDICAL ACADEMY

1939 - 2024



AUGUST 29th-30th, 2024
BISHKEK

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BISHKEK



We are delighted to welcome you to a Conference “Medical Education and Clinical Research” which is dedicated to the 85th anniversary of the I.K. Akhunbaev Kyrgyz State Medical Academy in Bishkek.

Bishkek is the capital city of the Kyrgyz Republic. The capital city of Bishkek is laid out on a grid with wide tree-lined streets. It has parks and many orchards, and permanently snow-capped mountains are visible to the south.

We believe that your participation in this event will be a valuable contribution to the development of our common goal to increase our medical knowledge for a better public health. Below, you will find useful information to enhance your stay in the greenest city.

WELCOME TO BISHKEK



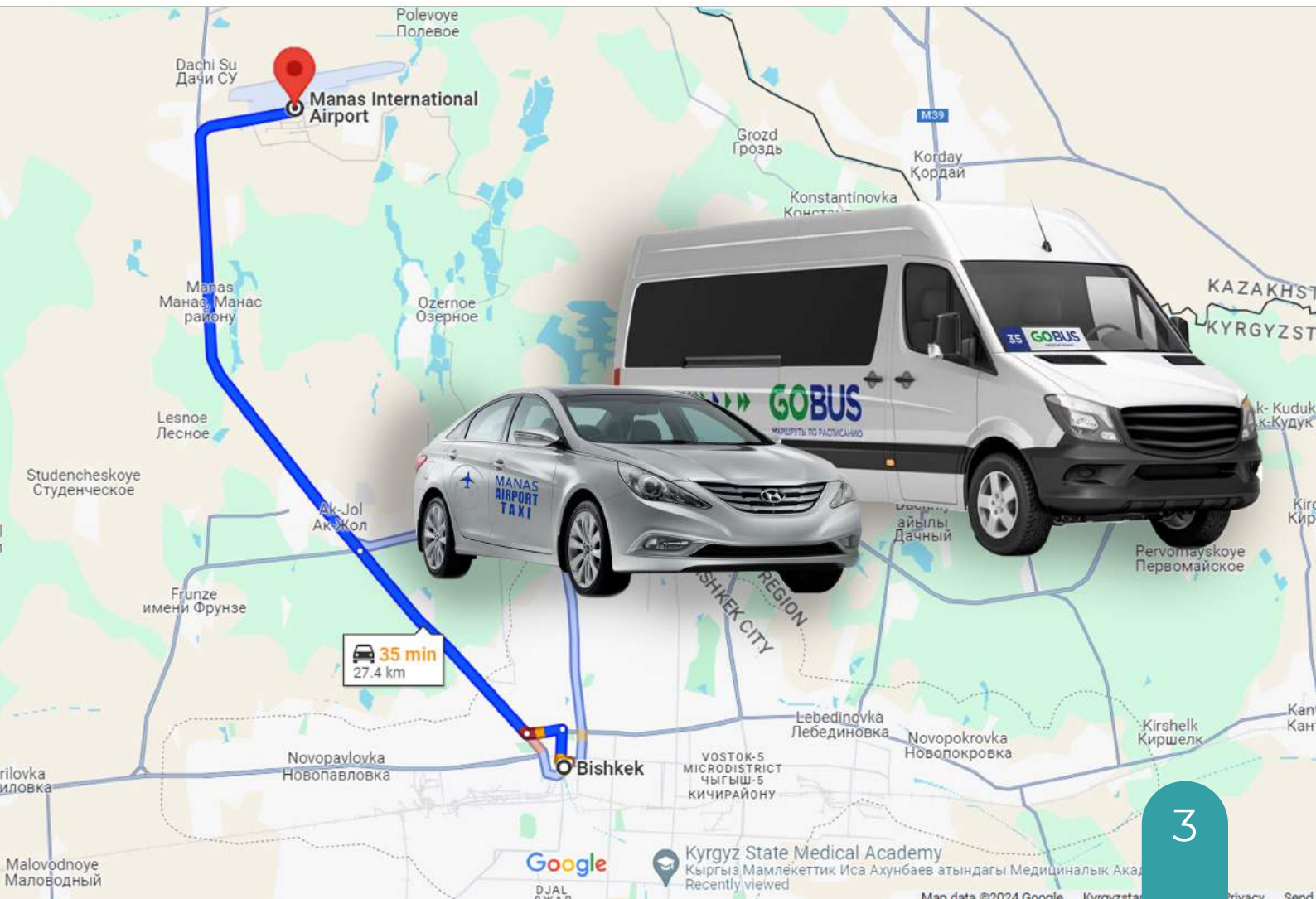
HOW TO REACH BISHKEK

Manas International Airport is located about 25 km outside Bishkek.

Depending on your arrival time at Manas International Airport, you have several different transportation options to the city center.

Taxis can be booked from the taxi offices located in the passenger's lounge at the airport. Manas Taxi and Super Taxi are among the recommended official taxi offices; you can get an invoice for the fee you will pay for the journey. Other options for taxi services details are provided below (page 11).

The most affordable option for transportation to the city center is the minibus (200KGS). The shuttle buses GOBUS depart from just outside the airport and serve every hour from 03:00AM to 19:00PM. It takes about 40 minutes to reach the city center.



Ala-Too Square



National Historical Museum



Opera and Ballet Theater



Toktogul Satylganov Philharmonic Hall



The image shows the interior of the Chyngyz Aitmatov House Museum. It features a wooden desk with a leather chair, a lamp, and a large wooden cabinet with glass doors displaying books. A red stanchion with a red ribbon is in the foreground.

Chyngyz Aitmatov
House Museum

The image shows a panoramic view of Osh, Kyrgyzstan, with a tall flagpole in the foreground. The flag is red with a yellow sun and eagle. The city is visible in the background under a blue sky with white clouds.

Flagpole and
panorama

The image shows the Osh Bazar, a large outdoor market. Numerous wooden crates and sacks are filled with various types of nuts, including almonds, walnuts, and hazelnuts. Price tags are visible on the crates.

Osh Bazar

HOW TO REACH MAIN CAMPUS

The main building of KSMA is located at 92, Akhunbaev str. between Baitik Baatyr and Tynystanov streets. You can reach KSMA by public transportation.

Detailed routes can be mapped using navigation apps such as 2GIS, MyCity, and Google Maps. The apps for these services are available in the AppStore and PlayMarket (QR codes for the apps are available in the "Practical Information" section, page 12).

WHERE WILL THE EVENT TAKE PLACE

The ceremonial event celebrating the 85th anniversary will take place in the KSMA Conference Hall, located next to the main KSMA building at 92, Akhunbaev str. with the entrance from the courtyard.

The registration starts at 08:00AM, Thursday, the 29th of August, 2024

<https://maps.app.goo.gl/DFsKJnk2LFLYebpZA>



Plenary and breakout sessions will be held in the conference and lecture halls of the main campus.



KSMA WONDERS



PLASTINATION MUSEUM



MUSEUM OF HISTORY



MUSEUM OF HISTOLOGY

Моноккулярный биологический микроскоп
Производитель: СССР, Ленинградское оптико-механическое
объединение (ЛОМО).
Период: 1970-
Monocular biological microscope LOMO Biolam C-1L
USSR (RUSSIAN St. Petersburg, LOMO, (Leningrad Optical

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Период: 1970-
Monocular biological microscope LOMO Au-
USSR (RUSSIAN St. Petersburg, LOMO, (Leningrad Optical

SELF-ORGANISED EXCURSIONS

KSMA's partner, Ulush Travel, offers guests the best tour and travel experiences across Kyrgyzstan.

Ulush Travel offers the following one-day and two-day tours:

Issyk-Kul (1 day) - 1,500 KGS

Son-Kol (2 days and 1 night) - 6,500 KGS

Around Issyk-Kul (2 days and 1 night) - 7,500 KGS

Combo Tour - 2,200 KGS

Mysteries of the Southern Shore - 2,500 KGS

Ala-Archa - 900 KGS

Horseback Riding Tour - 2,500 KGS

To register for the tour of your choice, please contact the company using the contact details:

info@ulushttravel.com

Telephone: +996 (701) 099-993 WA

Address: 86, Baitik Baatyr str., Bishkek



KYRGYZSTAN

KYRGYZSTAN

Ulush
travel

Ala-Archa

900 KGS



SON-KOL

(2 days and 1 night) - 6,500 KGS



ISSYK-KUL

(1 day) - 1,500 KGS

Around Issyk-Kul (2 days and 1 night)

7,500 KGS



Combo Tour

2,200 KGS







HORSEBACK RIDING TOUR

2,500 KGS









USEFUL LINKS

DON'T GET LOST. DOWNLOAD THE MAP.

App name	URL	Download here	
		Android	iOS
2GIS	https://2gis.kg/bishkek https://2gis.kg/osh		
Google Maps:	https://www.google.com/maps		

ORDER TAXIS CONVENIENTLY

App name	URL	Download here	
		Android	iOS
Yandex Go	https://taxi.yandex.ru/bishkek/tariff/		
Navi Taxi	https://navi.kg/landing		
Bi Taxi	https://bitaxi.kg/ru/		

PRACTICAL INFORMATION

ABOUT KYRGYZSTAN

Official Name of the Country: Kyrgyz Republic

Area of the Country: 199,951 km²

Population: 7.2 million

Capital: Bishkek

Religion: 85% Muslim; 10% Christian; 5% other

Government: Parliamentary country

BANKS AND CREDIT CARDS

In the city, banks operate from 09:00 to 16:00. There are also many ATMs available 24/7. In Bishkek, Mastercard and Visa credit cards are accepted.

CURRENCY

The national currency of Kyrgyzstan is the som (KGS).

ELECTRICITY

In Kyrgyzstan, the voltage is 220 V and the frequency is 50 Hz. There are two types of plugs used in Kyrgyzstan: Type C and Type F. Type C plugs have two round pins, while Type F plugs have two round pins with two grounding clips on the sides.

EMERGENCY NUMBERS

Police - 102

Fire Department - 101

Emergency Medical Services - 103

Ministry of Emergency Situations - 116

Rescue Service - 112

HOURS OF OPERATION

Standard working hours in Bishkek are from 8:00 or 8:30 to 17:00 or 17:30, Monday to Friday, including a one-hour lunch break. In the city center, shops and supermarkets typically operate from 8:00 to 22:00, Monday to Sunday.

INTERNET AVAILABILITY

Kyrgyzstan's internet providers offer excellent network coverage and quality service throughout the country. Bishkek is particularly well-equipped: free Wi-Fi is available in many public places, including parks, cafes, and museums.

LANGUAGE

The state language is Kyrgyz, the official language is Russian. Bishkek is a popular tourist destination, so the staff in restaurants and bars in the city center usually speak English.

TRADITIONAL CUISINE

In Kyrgyzstan, guests are always offered tea and food, reflecting the local culture. The menu often features dishes from various cultures: Kyrgyz beshbarmak, boorsoks, and manti, Kazakh shorpo, Uzbek pilaf, Uighur lagman, Russian borscht, and Korean ramen. Meat dishes made from lamb, beef, and horse meat are especially popular. Vegetarians will also find many options due to the abundance of fresh vegetables and fruits.



MANTI



UZBEK PILAF



UIGHUR LAGMAN



BOORSOKS



KYRGYZ BESHBARMAK



NAVAT



FAIZA



RECREATION AREA
"ARHAR"



LOCAL MOBILE NUMBER

Want to use a mobile number? You can purchase prepaid SIM cards:

- SIM cards can be purchased at mobile operator stores, supermarkets, as well as at kiosks and the airport.
- Prepaid SIM cards with data (internet), call, and SMS plans usually cost between 100 and 300 som (approximately 1-4 USD), depending on the operator and the chosen plan.
- All operators offer rates for international calls. You can also use various internet applications for communication, such as WhatsApp, Viber, or Skype, to save on calls abroad.

PERSONAL SAFETY

The city of Bishkek is generally safe. However, we recommend taking basic precautions and keeping an eye on your wallets in crowded places.

PUBLIC TRANSPORT

The most accessible public transportation in Bishkek is buses, and you can easily reach the city center from any point in the city. To use public transport, you can download the special app "Tulpar," which allows you to plan routes, track traffic, and pay for rides using QR codes. A single trip on public transport costs 17 som or 20 som in cash.

WEATHER

In August, the temperature in Bishkek reaches around 33°C during the day and drops to 20°C at night. The level of ultraviolet radiation will be moderate at this time of year. Expect a few rainy days during your stay in Bishkek.

HERE ARE A FEW BASIC PHRASES TO REMEMBER:

Hello: Саламатсызбы (Salamatsyzby)

Good afternoon: Кутман кун (Kutman kun)

Goodbye: Саламатта барыңыз (Salamatta barynyz)

Bye: Жакшы бар (Jakshy bar)

Thank you: Рахмат (Rakhmat)

Yes: Ооба (Ooba)

No: Жок (Jok)





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